

# EFFECTIVE FOR TREATMENT OF PAIN & TENSION





# TREAT MUSCLE PAINS EFFECTIVELY WITH NOVAFON

Whether for hardening in the neck, a tense jaw or painful joints: NOVAFON uses vertical vibrations to gently permeate up to 6 cm deep into the muscles and effectively fight pain and tension. The wide range of possible applications allows treatments from head to toe: NOVAFON is suitable for pain relief of sensitive body parts such as fingers, elbows, jaws or Achilles tendons, as well as the treatment of more stubborn tension in the back, neck, calves and thighs.

Discover our smartest new addition to the NOVAFON family: DAS NOVAFON power 2. You can now enjoy an unequalled range of intensities, as well as 3 frequency levels that make your NOVAFON application even more personal.

Whether you use DAS NOVAFON, DAS NOVAFON power or DAS NOVAFON power 2: our certified medical products comply with the highest quality standards.

The effectiveness of local vibration therapy has been proven by several studies and has been used successfully in people and animals since 1932.

Use NOVAFON to alleviate pain, relax muscles and improve quality of life - try it for yourself.



Improvement of grip



Improvement of

vocal function

### THE ADVANTAGES OF NOVAFON TREATMENTS Gentle yet deep acting from head to toe

# SAY HI! TO THE FUTURE OF RECOVERY THE NOVAFON power 2

3



### VERTICAL STIMULATION

Due to its vertical stimulation, the effect unfolds deep into the tissue. In this way, the vibrations also reach deep tissue treatment areas.



#### GENTLE TREATMENT

NOVAFON's gentle technology enables a wide range of treatments from head to toe. This means that even sensitive areas of the body can be treated in a pleasant manner.



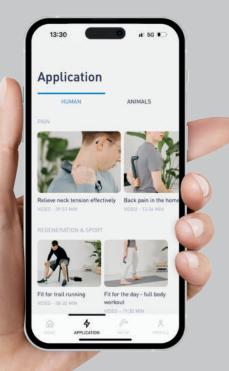
#### 6 CM+ (2.5 INCHES) PENETRATION DEPTH NOVAFON devices have a penetration depth of

6 cm+, in contrast to other therapy devices that only offer surface stimulation.

# DISCOVER THE NOVAFON APP. Treat it right: The NOVAFON treatment guide

THE PERFECT ADDITION TO DAS NOVAFON SOUND WAVE DEVICE The NOVAFON application guide offers you the opportunity to get to know the device better and to find, understand and carry out the right treatment.

Additionally, the app supports you in integrating the NOVAFON better into your everyday life.



- Receive useful information about the device and how it works
- Find out what you need to know about areas of the body and treatment backgrounds
- Let our step-by-step instructions guide you

Scan the QR code & download the app for free





5

The direct Bluetooth connection between DAS NOVAFON power 2 and the free NOVAFON app provide you with an even greater customisable range of settings. Immerse yourself in the smart future of local vibration therapy.



### ADJUSTABLE INTENSITY LEVELS

The large range of intensities, with a total of 15 levels, enables versatile application according to your sensitivity and allows for the systematic treatment of each muscle.

From gentle intensity for sensitive and painful body parts to high intensity for compact muscles groups and stubborn tension -DAS NOVAFON power 2 can be easily adjusted to your individual needs.

#### GET CREATIVE

Make DAS NOVAFON power 2 your personal companion and let it greet you individually. Select your favourite display colour and save your personal application programms.



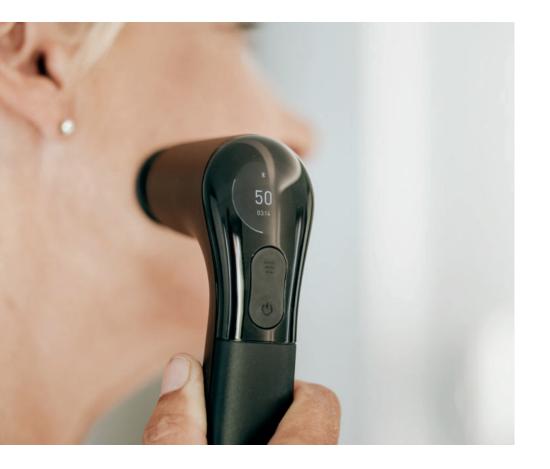


# PROVEN TECHNOLOGY Already successfully in use for many decades

"Easy and pleasant to use. So far I've used it to treat my very tense jaw muscles (I have issues with grinding my teeth). It's very comfortable and relaxing! (...) I use it regularly; it's great!"

User S.<sup>1</sup>

<sup>1</sup>Google product review page, NOVAFON power, 15 Feb 2017.





"I've had the NOVAFON for over six months now and I'm so happy with this investment! I often suffered from neck pain and so-called "tennis elbow" in both arms, and thanks to regular use of the NOVAFON, my elbows are back to normal and my neck pain has gone. [...]"

User B.<sup>1</sup>

<sup>1</sup>Google product review page, NOVAFON pro, 04 Jul 2021

6

LOCAL VIBRATION THERAPY Proven effectiveness, variety of applications

#### THREE FREQUENCY SETTINGS

With a total of three different frequencies, 100, 75 and 50 Hz, the NOVAFON enables each individual area of the body to be treated systematically.

### 50 Hz

#### RELEASE OF TENSION

The deep-acting vibrations release muscle tension and loosen hardened tissue from head to toe: From the jaw muscles right down to the Achilles tendon.

### 100 Hz

RELIEVING MUSCLE PAIN When the sensory stimulus of vibration interacts with nerve fibres, the transmission of pain signals to the brain can be interrupted as the sensory stimulus overrides the pain stimulus. This effect, known as "Gate Control Theory", can last for a long period of time after treatment if used regularly.

In this way, pain is completely alleviated — without the need for medicine.

### 75 Hz - ONLY THE NOVAFON POWER 2

MUSCLE ACTIVATION The gentle vibrations activate the muscles.

#### ACTIVE REGENERATION

Deep tissue stimulation fosters the body's regeneration mechanisms. This allows the muscles to recover more quickly and enhances physical performance. Blood flow is stimulated, supplying the muscles with more metabolites, such as oxygen.

# COMPARISON Which NOVAFON is best for me?

	DAS NOVAFON POWER 2	DAS NOVAFON POWER	DAS NOVAFON
USER GROUPS	For personal and profes- sional use. For people & ani- mals – all areas of the body	For personal and profes- sional use. For people & ani- mals – all areas of the body	For personal and profession- al use. For people & animals – especially sensitive body parts
INTENSITY LEVELS	LDW MO HISH 0 5 10 15	LOW MD HEH MD HEH 0 5 10 15	LOW MD HIGH
AREAS OF APPLICATION	Pain, tension, sports inju- ries, scars, CMD, joint pain/ arthrosis, logopaedic & neurological symptoms and regeneration	Pain, tension, sports inju- ries, scars, logopaedic & neurological symptoms and regeneration	Pain, mild tension, sports injuries, scars, CMD, joint pain/arthrosis, logopaedic & neurological symptoms
TECHNICAL SPECIFICATIONS*			
Frequencies	100 Hz   75 Hz   50 Hz	100 Hz   50 Hz	100 Hz   50 Hz
Amplitude –	0.3 – 4 mm	0.5 – 4 mm	0.3 – 3.5 mm
Water resistance	IP44 - Splash-proof	IP22 - Drip-proof	IP22 - Drip-proof
 Dimensions	83 x 187 x 38 mm (W x H x D)	83 x 187 x 38 mm (W x H x D)	83 x 187 x 38 mm (W x H x D)
App connectivity	2.4 GHz	-	
App —	Settings & display customisation	-	-
	course of treatment tracking	Treatment videos possible on the app	Treatment videos possible on the app
	default settings optimisation	-	-

You can use our comparison section to find out which NOVAFON model is best suited to you and your needs.

10

With DAS NOVAFON power 2 and its choice of 3 frequencies - each with 15 intensity setting - you can target all areas of the body and treatments.

If you predominantly opt for more treatment for sensitive parts of the body, we recommend DAS NOVAFON.

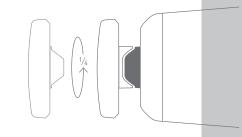
For treatment of large and compact muscle groups, e.g., for athletes, DAS NOVAFON power, when used at a higher intensity on levels 2 and 3, may be the best choice.

We would be happy to provide you with tailored advice by phone. In this way, you can find the NOVAFON that is best suited to your area of application.

> \*detailed technical information can be found in the product data sheets in the download area of our website www.novafon.de/ downloads

EASILY INTERCHANGEABLE ATTACHMENTS NOVAFON has an intelligent system for connecting attachments.

All attachments can be easily connected/ disconnected by rotating them one quarter turn.



13 ADDITIONAL ATTACHMENTS Optimise your treatments with these attachments\*

> Rehabilitation set Disk attachment XL ideal for treating larger muscle groups Pin attachment particularly Stimulating Cone attachment for precise spot application







#### Magnetic attachment

Deeper spot treatment of, for example, trigger points or areas located deep beneath the skin

#### Sensory roller set

Combines the blood flow stimulation of the spiky ball massage with the vibrations of the NOVAFON sound wave device, and stimulates surface sensibility as well as deep sensibility





### Physio set

Fascia ball for treatment on concave body areas

Fascia fork enables the application of spot pressure, for example next to the spine Fascia wedge for sweeping large muscle areas and deep-set fascial tissue

Il attachments are available in black, nthracite gray and white.



Disc attachment Treatment of larger body regions in a sweeping motion



### Ball attachment For spot treatment of

smaller areas

Disc and ball attachment, as well as charging cable and power plug, are included when you buy a NOVAFON device. https://novafon.com/en/products

# 14 ACCESSORIES For the best NOVAFON experience



With the practical extension handle, even hard-to-reach places, such as the back or feet, can be easily treated at home. Simply insert the extension handle onto the NOVAFON device, lock into place and continue treatment as normal.



In order to benefit from your NOVAFON products for a long period of time, we offer you the best way to clean them in a gentle yet hygienic way: NOVACLEANER. Completely alcohol-free, developed for medical products, dermatologically tested and particularly gentle on the skin. Available individually or as part of a set together with our soft microfibre cloth.



HANDY CHARGING STAND Simplified charging and professional presentation

15



The charging stand complements the NOVAFON device perfectly: Its outstanding features include simpler charging thanks to a stable stand and handy storage of the device.





17 TRANSPORT SAFELY Protected storage and practical key lock



### ALWAYS AT HAND

This space-saving case was specially designed to store a single NOVAFON device, as well as a power adapter/cable or your favourite attachments. Additional individual accessories can be comfortably stowed in the mesh pocket in the lid.

#### PRACTICAL KEY LOCK

Whether at work, on the way to training, or travelling - you can protect your device from unwanted use with the practical Travel Lock, developed exclusively for DAS NOVAFON power 2.



# WIDE RANGE OF APPLICATIONS NOVAFON for therapists and private users

Whether used on its own or together with therapy, NOVAFON is used to support treatment for several pathologies. In speech therapy, physiotherapy and occupational therapy, NOVAFON's triedand-tested technology proves its effectiveness every day. Many therapists recommend it to their patients for home use to continue treatment at home. NOVAFON is proven to be effective and easy to use.

# 19

PAIN RELIEF Acute and chronic pain Back pain	REGENERATION Stimulation of regenera- tion process	WELL-BEING Support from breathing exercises
	Loosening of the muscles	Awareness exercises
Tension and pain in the jaw (CMD)	Release of hardening	(body scan, body aware- ness)
Joint pain (arthrosis symptoms)	Increase in elasticity and performance	Relaxation massage (face, neck, soles of feet)
Rheumatic pain	Stimulation of the tissue	Stress Release
Tendon pain (tennis/	Improved circulation	Facegym
golfer's elbow) Myofascial pain	Prevention or mitigation of aching muscles	Relax and enjoy downtime
Scar pain	Improved sensitivity	
Nerve compression		

🌐 novafon.com/en/veterinary

∴ The our instruction manual you can find detailednotes on how to use for different symptoms. For use in treatment of issues with voice and swallowing or for examples on how to use on animals, you can find more material on our website www.novafon.com/downloads

### ADDITIONAL SUPPORT

Our therapists advise you personally so that you can give optimal treatment

We would like to support you in using the NOVAFON and we provide various options:

#### Application Guide Book

With every NOVAFON you will receive our extensive instruction manual for free in the download area on our website: novafon.de/anwendungsbuecher

# 21 NOVAFON – ELEKTROMEDIZINISCHE GERÄTE GMBH

For more than 90 years NOVAFON – Elektromedizinische Geräte GmbH has been manufacturing electromedical devices. The NOVAFON brand is an ambassador for local vibration therapy, and represents quality and innovation. Our tried-andtested therapeutic devices are made in Germany. As a manufacturer of medical devices, our quality management process is certified in accordance with DIN ISO 13485 and our products are governed by strict safety regulations for the safety and well-being of our customers.



#### Certified medical device

NOVAFON is certified by TÜV SÜD as a manufacturer of medical devices. Vibration therapy has been researched for its effectiveness and the results from this research have been published in numerous studies.



#### Made in Germany

Our quality promise: the highest standards of workmanship and materials. Long-lasting, reliable products. Complete quality assurance.

#### **30 DAY MONEY BACK GUARANTEE**

We offer a 30-day money-back guarantee on our products. This means you can test the treatment thoroughly and risk-free.



Federal Ministry for Economic Affairs and Energy

on the basis of a decision by the German Bundestag



Products novafon.com/en/products

Areas of application novafon.com/en/self-user

NOVAFON – Elektromedizinische Geräte GmbH Daimlerstr. 13 71384 Weinstadt Germany

info@novafon.de | +49 7151 133 97 0 www.novafon.com



novafon\_de novafon\_medical novafon\_logo